



**MINISTRY
OF
EDUCATION, YOUTH & INFORMATION**

Every Child Can Learn, Every Child Must Learn

Psychosocial Support Plan - January 2021

| FOCUS AREAS | MAJOR ACTIVITIES | RESPONSIBLE UNIT |
|--|---|--|
| Psychosocial Support and Development Psychosocial Intervention | Psychosocial interventions for the first two months of school term for students and staff. Emphasis will be on schools that are authorized to operate face-to-face reopening , and those without Guidance Counsellors | Guidance and Counselling Unit /Regional Team |
| Launch and piloting of Integrated Service Delivery Manual | Support schools in using the Integrated Service Delivery (ISD) Handbook. | Guidance and Counselling Unit /Regional Team |
| Staff Support | <u>Key Tasks</u> <ul style="list-style-type: none">• Empower Guidance Counsellors as Trainer Of Trainers (ToT) to deliver Social and Emotional Learning (SEL) Programme | Regional Teams / Guidance and Counselling Unit |
| Go To” Educators Training | Virtual Training of “Go To” Educators in schools WITHOUT Guidance Counsellors to lead the psychosocial response within those schools. | Guidance and Counselling Unit / Regional Teams |

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| Orientation | <p>Motivational sessions focus on a positive thinking, resilience, personal responsibility and self-care)</p> <p>Planned orientation sessions for parents and students to include Infection prevention and control, protocols expectations and routines</p> | Guidance and Counselling Unit/ Regional Teams |
| Readiness for Learning | <p>Acknowledge student’s experience of COVID-19</p> <ul style="list-style-type: none"> • Opportunities will be provided for students to share their experiences during form-time and guidance session. • Establish a Have a “worry “ jars/boxes in selected schools, strategically placed so students can put their concerns in them to be addressed | Guidance and Counselling Unit/ Regional Teams |
| Expectations for Schools | <ul style="list-style-type: none"> • Provide individual and group counselling sessions • Conduct home visits where necessary | Guidance and Counselling Unit/Regional Teams |

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| On-Going Support for students | Promote the concept of - A “Chill Spot” created within the school for student relaxation and reflection under supportive supervision. | Guidance and Counselling Unit / Regional Teams/ HFLE |
| Student Mentorship Programme | Coordination of Student Mentorship Programmes coordinated | Guidance and Counselling Unit/ Regional Teams/HFLE Teachers (Support from Social Workers) |
| Parent Support | <ul style="list-style-type: none"> • Provide capacity building sessions for parents on “Preparing children for returning to school” • Promote the use of the Parent Help Lines • Host empowerment session for parents who have been negatively impacted (job loss, decreased earning power etc.). | Guidance and Counselling Unit/ Regional Teams |